1. Identify Problem to Solve, Audience, and Purpose
2. Access and Acquire Information
3. Process Information
4. Create Final Product
5. Disseminate Final Product
6. Self-Assessment
7. Self-Evaluation
8. Self-Regulation

**METACOGNITION:**
7. Self-Evaluation: Evaluating Patterns of Strengths and Weaknesses Over Time - Evaluating Growth
8. Self-Regulation: Setting Doable Goals to Improve and Designing Action Plans to Accomplish Them